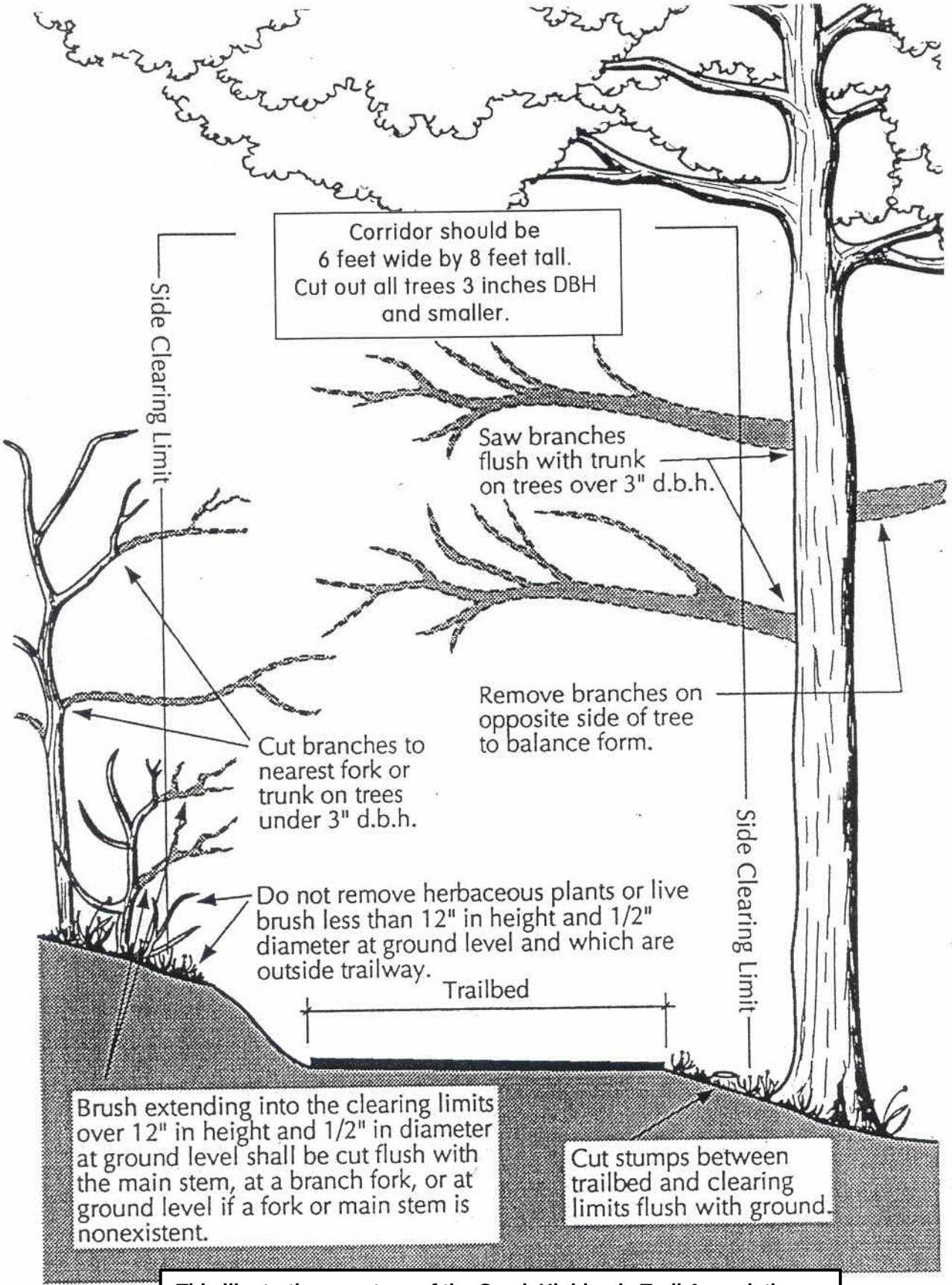

This illustration courtesy of the Ozark Highlands Trail Association